

Wednesday Praying with Art and other Visual Images

John 9:1-5 New International Version (NIV)

9 As he went along, he saw a man blind from birth. ² His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?"

³ "Neither this man nor his parents sinned," said Jesus, "but this happened so that the works of God might be displayed in him. ⁴ As long as it is day, we must do the works of him who sent me. Night is coming, when no one can work. ⁵ While I am in the world, I am the light of the world."

- 1. Read the scripture
- 2. The scripture reading for today, finishes with Jesus saying, "I am the light of the world".
- 3. For todays prayer experience we have provided some images on the next page, that relate to Jesus as Light of the World.
- 4. Choose an image that you are drawn to.
- 5. Spend some time looking at the image and thinking about the three questions below. You might want to jot down things that come into your mind as you think about the questions and the image.

What is God making you aware of as you look at the image? What do you notice?

What thoughts is God stirring as you look at the image?

What do you feel as you look at the image?

6. Continue to gaze and reflect as long as you want to, then briefly close and rest your eyes. Rest in God's presence as you reflect upon this prayer experience. Consider how you'll take this into your life. Thank God for this time together and pray the Lord's Prayer.

